

Athletic Coaching Education (ACE)

Professor Elmore (chair); Teaching Assistant Professor Jones; Teaching Instructor Spiers; Lecturers Smith, C. Williams and R. Williams

ACE-100 The Total Athlete (3-0)3 S

In-depth analysis of topics associated with being an athlete, i.e., attitude, academics, media, peer pressure, racism in sports, recruiting, AIDS, rape, stress/time management, suicide, sportsmanship, ethics, drugs (types and testing), agents, coping with adversity, eating disorders, gambling, life after sports, non-revenue sports, pro sports, violence in sports, gender equity, and personal growth.

ACE-105 Nutrition for Coaches (3-0)3 F

General nutrition and dietary requirements to aid coaches and their athletes.

ACE-106 Introduction to Athletic Coaching (3-0)3 F

Overview of athletic coaching profession including career opportunities, critical current issues/trends, professional standards and the professional organizations.

ACE-168 Sport Officiating (2-0) 2 S

Study of art, science, industry standards, and best practices of the officiating profession across all levels of sport.

ACE-256 Principles & Problems of Coaching (3-0)3 F

Designed to students with principles and problems of interscholastic athletic coaching.

ACE-265 Diversity and Sport (3-0) 3 S

Covers historical and current topics relevant to diversity in sport as it relates to current sport practices. Practical strategies for facilitating acceptance of diversity within individual and team sports are discussed.

ACE-315 Sport for the Exceptional Athlete (3-0) 3 F

Prerequisite: Students must be admitted to the ACE program to take this course.

Examines past, present and future of sport for athletes with disabilities and those competing at the Master-level. The focus is on the coaching of these unique populations of competitive and recreational athletes.

ACE-330 Coaching Education Administration (3-0)3 S

Prerequisite: Students must be admitted to the ACE program to take this course.

An administrative focus of leadership, finance, fundraising, planning, facility development, personnel supervision, public relations, rules and regulations, purchase and care of equipment and the conducting of athletic events.

ACE-361 Techniques of Coaching: Soccer (2-0)2

Prerequisite: Students must be admitted to the ACE program to take this course.

Designed to permit students to gain athletic coaching experience through a supervised on-site experience with a varsity athletic team.

ACE-362 Techniques of Coaching: Basketball(2-0)2

Prerequisite: Students must be admitted to the ACE program to take this course.

Designed to permit students to gain athletic coaching experience through a supervised on-site experience with a varsity athletic team.

ACE-364 Techniques of Coaching: Football (2-0)2

Prerequisite: Students must be admitted to the ACE program to take this course.

Designed to permit students to gain athletic coaching experience through a supervised on-site experience with a varsity athletic team.

ACE-365 Techniques of Coaching: Baseball (2-0)2

Prerequisite: Students must be admitted to the ACE program to take this course.

Designed to permit students to gain athletic coaching experience through a supervised on-site experience with a varsity athletic team.

ACE-366. Techniques of Coaching: Volleyball. (2-0)2

Prerequisite: Students must be admitted to the ACE program to take this course.

Designed to permit students to gain athletic coaching experience through a supervised on-site experience with a varsity athletic team.

ACE-368 Sport Movement Analysis (3-0)3 F

Prerequisites: Students must be admitted to the ACE program to take this course.

(PET 124 and PET 125)

This course is designed to introduce a prospective coach to the principles of human movement.

ACE-369 Basic Strength & Conditioning for Coaches (3-0)3 F

Prerequisite: Students must be admitted to the ACE program to take this course.

(EXPH 365 or PET 125 & ACE 368)

Present basic exercise performance methodologies to assist in coaching athletes. Types of training include speed drills, agility drills, conditioning workouts, flexibility exercises, balance-improvement drills, and proper training environment safety techniques.

ACE-410 Training Theories for Coaches (3-0)3 S

Prerequisite: Students must be admitted to the ACE program to take this course.

(PET 124, PET 125 are required prerequisites. EXPH 365 is a co-required class, students must have either completed EXPH 365 or be enrolled in EXPH 365 during the same semester as taking ACE 410)

Application of sport training theories to building, designing and assessing athlete training plans, seasonal team development and long term athlete development from physical literacy to peak performance at all participation levels.

ACE-450 Career Planning In Sport (3-0)3S

Prerequisite: Students must be admitted to the ACE program to take this course.

(Department consent)

Presentation and discussion of topics of mutual concern to students and faculty.

ACE-488 Practicum Coaching Exceptional Athletes (3-0)3 S

Prerequisite: Students must be admitted to the ACE program to take this course.

(ACE 315)

Integration of theoretical knowledge and developmental issues with practical field experiences working with exceptional athletes.

ACE-489 Practicum Coaching Youth Sport (3-0)3 F

Prerequisite: Students must be admitted to the ACE program to take this course.

(ACE 256 and one of the Techniques of Coaching classes)

Integration of theoretical knowledge and developmental issues with practical field experiences in coaching youth.

ACE-491 Professional Field Experience 1-6

Prerequisite: Students must be admitted to the ACE program to take this course.

(Department consent)

May be repeated up to a maximum of 18 Hours. Prearranged experiential learning program, to be planned, supervised, and evaluated for credit by faculty and field supervisors. Involves temporary placement with public or private enterprise for professional competence development.

ACE-493 Special Topics A-Z. (1-6-0)1-6

(Department consent)

Investigation of topics not covered in regularly scheduled courses.

ACE-495 Independent Study 1-6

Faculty supervised study of topics not available through regular course offerings.

Athletic Training (ATTR)

Professor Elmore

ATTR-121 Sport Injury Control and Management. (3-0)3 S

Training, conditioning, protection, and other injury prevention measures. First aid, emergency service, and care related to physical education and athletics.

Community Health Promotion (CHPR)

Professor Elmore (chair)

CHPR-172 First Aid and Emergency Care (2-0)2 F

Emergency aid for the sick and injured. Emergency services aimed at reducing the potential of permanent disability or threats to life, as well as pain, damage, or suffering of a less serious nature.

Exercise Physiology (EXPH)

Professor Elmore (chair)

EXPH-364 Kinesiology (3-0)3 S

(Junior standing or department consent)

Anatomical, mechanical, and musculoskeletal study of the human body as the instrument for efficient performance of motor activities.

EXPH-365 Exercise Physiology 1 (3-0)3 F

Prerequisite: Students must be admitted to the ACE program to take this course.

(Junior standing or department consent)

The study of the functioning of body systems during exercise and the acute and chronic adaptations that occur from exercise stress.

Physical Education (PE)

Professor Elmore (chair); Teaching Assistant Professor Jones; Lecturers Smith, Williams

PE-100 Lifetime Activities (0-2)1

Health and physical education concepts includes carry over skills and techniques in a broad and varied list of elective activities. May be repeated to maximum of six hours.

PE-104 Intermediate Basketball (0-2)1 F

Introduction to intermediate knowledge and skills in basketball.

PE-110 Military Physical Conditioning 1

Students participate in and learn to lead a physical fitness program. Emphasis is on the development of an individual fitness program and the role of exercise and fitness in one's life. Leadership positions are tailored based on the student's academic alignment.

PE-130 Flag Football (0-2)1 S

Introduction to beginning knowledge and skills in flag football.

PE-157 Slow Pitch Softball (0-2)1 F

Introduction to beginning knowledge and skills in slow pitch softball.

PE-159 Soccer (0-2)1 S

Introduction to beginning knowledge and skills in soccer.

PE-161 Tennis (0-2)1 S

Introduction to basic knowledge and skills for people who are familiar with tennis.

PE-164 Weight Training (0-2)1

Introduction to beginning knowledge and skills in weight training.

PE-165 Conditioning (0-2)1

Introduction to beginning knowledge and skills in conditioning.

PE-170 Volleyball (0-2)1 S

Introduction to beginning knowledge and skills in volleyball.

PE-173 Beginning Swimming (0-2)1

Introduction to beginning knowledge and skills in swimming.

PE-174 Intermediate Swimming (0-2)1

Introduction to intermediate knowledge and skills in swimming.

PE-175 Lifeguard Training (0-4)2

Red Cross certification for lifeguards.

PE-176 Advanced Swimming (0-2)1

Introduction to advanced knowledge and skills in swimming.

PE-179 Orientation to Scuba (0-2)1

Introduction to beginning knowledge and skills in scuba diving.

PE-187 Golf (0-2)1 F

The course is designed to introduce students to the rules, skills, and strategies involved in golf.

PE-220 Striking and Field Games 1

This teaching games for understanding (TGfU) course is designed to introduce the students to the rules, skills, and strategies involved in playing striking and fielding games.

PE-221 Invasion Games 1

This teaching games for understanding (TGfU) course is designed to introduce the students to the rules, skills, and strategies involved in playing games where one invades their opponent's territory.

PE-223 Net and Wall Games 1

This teaching games for understanding (TGfU) course is designed to introduce the students to the rules, skills, and strategies involved in playing net and wall games.

Physical Education/Teaching (PET)

Professor Elmore (chair); Instructors Spiers, Williams, C.

PET-124 Human Body: Structure and Function (2-0) 2 F

Overview of the structure and function of the organ systems in the human body. Topics covered include the skeletal, muscular, nervous, digestive, respiratory, and cardiovascular systems.

PET-125 Principles of Human Movement (2-0) 2 S

(PET 124)

This course is designed to introduce prospective physical educators to the principles of human movement. Pre-requisite(s) and/or co-requisite(s) may differ on regional campuses.

PET-175 Motor Development (3-0) 3 S

To examine changes in human movement behavior across the lifespan and the factors that contribute to those changes.

PET-324 Water Safety Instructorships (0-4) 2

(Senior Lifesaving Certification)

Teaching methods in swimming and water safety. Meet American Red Cross certification standards. Course completion carries eligibility for teaching swimming, lifesaving, and water safety.

Sport and Exercise Psychology (SEP)

Professor Elmore (chair)

SEP-271 Sport in American Society (3-0) 3 F

Socio-cultural investigation of sport in American society.

SEP-272 Psychological Perspectives of Sport (3-0) 3 S

An examination of personality and behavioral factors as they affect participation in sport. Topics such as stress and sport, body image, aggression and the sport participant, and the licensure of sport psychologists highlight the course.

Sport Management (SM)

Professor Elmore (chair); Teaching Assistant Professor Jones; Lecturer Williams

SM-167 Introduction to Sport Studies (3-0)3 F

Overview of the sport management profession including career opportunities, critical current issues/trends, professional standards and the professional organizations.

SM-275 The Olympic Games (3-0)3 S-Odd

An examination of the historical development of the Olympic Games from the Greek classic period (500 B.C.) to the games of the XXVI Olympiad of Atlanta in 1996.

SM-340 Sport Governance (3-0)3 F

This course examines how sport organizations interact and coordinate with numerous policy actors to facilitate and coordinate the mechanisms of governance.

SM-345 Technology in Sport Management (2-0) 2 S

This course provides an understanding of the technological concepts and principles relevant to sport management and provides student with practical experiences in the use of emerging technologies in the field.

SM-350 Leadership in Sport Management (2-0)2 S

The purpose of this course is to identify the fundamental leadership behaviors in sport management. This course provides sport management students the opportunity to explore current leadership theories and practices in sport.

SM-355 Orientation in Sport Management (1-0)1 S

In this course students will identify and develop the skill sets necessary for successful completion of an internship in sport management.

SM-370 Sport Finance and Economics (3-0)3 F

The purpose of this course is to provide financial and economic overview of professional, collegiate and recreational sports. Students will learn financial structures of sport organizations and various economic principles applied to the sport industry.

SM-375 Sport in the Global Market (3-0)3 F

An examination of the role of sports within the broader process of globalization. Its impact on culture, politics, economics and how these influences shape today's sport.

SM-380 History and Philosophy of Sport (3-0)3 S

This course is designed to acquaint students with philosophical issues related to sport and sport management and with individuals and events that helped shape the history of sport.

SM-385 Sport Economics (3-0)3 S

Provides an understanding of the economic concepts and principles relevant to the sport industry. Provides the opportunity to apply the concepts and principles in a practical manner within a variety of different sport settings.

SM-425 Facility Planning (3-0)3 F

(Department consent)An in-depth study of sport facilities, including planning, design, liability and facility management concepts and evaluation.

SM-426 Liability in Sport (3-0)3 F

An overview of the legal system as it applies to sport, including contracts, tort law, drug testing, rights of athletes, product liability, legal duties of coaches, facilities supervisors, and athletic directors.

SM-485 Sport Management (3-0)3 F

(Senior standing)

The study of management principles as they relate to sport organizations. The analysis includes specific references to planning, organizing, leading and evaluating functions of management in sport.

SM-486 Sport Marketing (3-0)3 S

(Senior Standing)

The study of marketing principles as they relate to sport organizations. Specific attention is focused on the marketing planning process, marketing information systems, and internal marketing.

SM-487 Issues in Sport Studies (3-0)3 S

(SEP 271, ENGL 101, ENGL 102 & junior standing)

An in-depth analysis of critical issues impacting sport and the sport industry.

SM-491 Internship Project 3 Hrs. S

(SM majors only and department consent)

(May be repeated up to a maximum of 18 hours.)

Prearranged experiential learning program, to be planned, supervised, and evaluated for credit by faculty and field supervisors. Involves temporary placement with public or private enterprise for professional competence development.

SM-493 A-Z Special Topics (1-6-0)1-6

(Department consent)

Investigation of topics not covered in regularly scheduled courses.